



Primary Care Transformation in Oregon

October 2015 Newsletter

In the Spotlight!

Silverton Health Creates High-Risk Care Teams to Help Patients Navigate a Potentially Confusing Health Care System



Silverton Health takes a person-first approach as they work to improve patient care by bringing together teams of mental health and physical health care providers to treat the entire person. Clinic staff hope that this type of care-coordination will assist patients in managing their own health. The program prioritizes patients that may be facing barriers to care and provides them with a point of contact to answer their questions.

"The focus of the program is not on enabling patients, but instead on educating them how to better manage their health" - Sarah Fronza, Chief Executive Officer of Silverton Health.

Keep up the great work, Silverton Health!

[Read more >>>](#)

Featured Blog Posts

Behavioral Health Integration: Three Models

Webinars

No More Bad Meetings

OCTOBER 20, 2015 | 8:00AM PST

Regardless of our role or organization, many of us spend at least some (if not most) of our working day in meetings. A recent survey on meetings found that almost 3 in 5 workers reported multitasking in status update meetings, and more than half would "rather do an unpleasant task" than participate in those meetings ([Clarizen, 2015](#)). Yikes! So how do you know if you are leading or attending good meetings? This webinar will review the components of a good meeting, and how meeting facilitators can identify and correct meetings that don't deliver value to participants.

[Register now >>>](#)

Resource Orientation

OCTOBER 27, 2015 | 8:30AM PST

Are you new in your role supporting primary care home development? If so, please join us for one of our monthly orientation sessions so you are aware of the resources available to primary care practices and other stakeholders through the Patient-Centered Primary Care Institute website ([pcpci.org](#)). The next session is **October 27**; subsequent sessions will be held the last Tuesday of every month. Click [here](#) to view the other dates and information needed to register.

Behavioral health integration is an enormous part of successful patient-centered primary care. Behavioral health professionals working in coordination with primary care providers can help identify a larger number of persons who would benefit from treatment, administer the correct treatment, and better monitor those who are undergoing treatment. There are three main models of integrating behavioral health into primary care settings, and they each have pros and cons associated with them, but they all take steps to help reduce the fragmentation of health care.

[Read more >>>](#)

The Secret Sauce of Health Care Transformation



The [Patient-Centered Primary Care Home \(PCPCH\) Program](#) is off and running with the new 3 STAR designation, intended only for high-functioning, truly transformed patient-centered primary care homes. And now Oregon has its first pediatric 3 STAR practice, Metropolitan Pediatrics' Northwest in Portland!

[Read more >>>](#)

Everyone with Diabetes Counts: Acumentra Health Partners with Communities and Clinics to Increase Access to Diabetes Self-Management Education

According to the Centers for Medicare & Medicaid Services (CMS), Diabetes is a serious public health concern in the United States. It affects 25.8 million people, or 8.3% of the population. Nearly 19 million people are diagnosed with the disease, but more concerning is the estimated 7 million people who have diabetes but are undiagnosed. In addition, another 79 million people are

Tobacco Use: Identification, Intervention and Referral

NOVEMBER 18, 2015 | 8:00AM PST

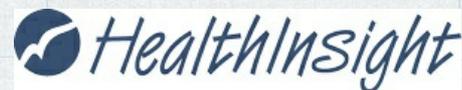
Tobacco use remains the No. 1 preventable cause of death and disease in Oregon, killing 7000 people each year, and costing Oregonians \$2.5 billion a year in medical expenditures and lost productivity due to premature death. This webinar will explore and identify opportunities for increased patient participation in tobacco cessation through evidence-based interventions.

[Register now >>>](#)

Check out this opportunities!

Depression and Alcohol Misuse in Older Adults: The Role of Primary Care Providers

OCTOBER 23, 2015 | 11:00AM PST



Join Acumentra Health and HealthInsight in this webinar sharing what primary care practices need to know about screening older patients for common behavioral health conditions.

[Register now >>>](#)

71st Annual OPHA Conference & Meeting

OCTOBER 12 & 13, 2015 | 8:00AM PST



Mark your calendars for the upcoming 71st Annual Conference & Meeting for the Oregon Public Health Association. Learn more about what

estimated to have pre-diabetes, a condition that puts people at increased risk for the disease. Among U.S. residents aged 65 and older, 10.9 million (26.9%) were diagnosed with diabetes in 2010.

[Read more >>>](#)

More from the Blog:

- [Northwest Primary Care: The Importance of Quality Data for Diabetes Screening](#)
- [EvidenceNow: Advancing Heart Health Primary Care](#)

About Us

Thank you for subscribing to the Patient-Centered Primary Care Institute newsletter. The Institute accelerates primary care transformation in Oregon by bringing together health care providers, clinic staff, technical experts, patients, quality improvement professionals and others to share valuable knowledge and resources. To learn more about our work, visit pcpci.org.

decisions makers and communities think about Oregon health and how it evolves daily. Where will public health in our state go next? Come and find out on October 12 & 13, 2015 in Corvallis, Oregon. It's the perfect place to discover, network and share!

[Register now >>>](#)

Resources

Enjoy these resources on improving access, Million Hearts®, and integrating behavioral health in to primary care.

[Tips for Improving Access](#) [Website]

[A Million Hearts® Action Guide Series](#)
[Website]

[Integrated Behavioral Health Project](#)
[Tool kit]

The Institute is continually gathering valuable resources, tools and information to share with practices in all stages of patient-centered primary care home transformation.

Find many others searchable by topic area, resource type or PCPCH standard [on our website>>>](#)

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*The Institute is a multi-stakeholder initiative managed by the Oregon Health Care Quality Corporation.
For more information [visit Q Corp's website.](#)*

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