



# Patient-Centered Primary Care Institute

Newsletter

## Featured Blog Posts

### A Metric Fatigue Story



As the Chief of Support Services at [The Portland Clinic](#) I interact with and see the fatigue caused by measurement every day. This fatigue is what drew the primary care physicians who are part of the [Portland Coordinated Care Association](#) (PCCA), to focus on this issue. PCCA has multiple committees focusing on a variety of topics, two of those committees focus on metrics. The goal of the committees is to determine a finite set of measures to focus on measuring and improving. As a first step in this process, the groups compiled a list of over 150 metrics that are currently being reported to various entities.

[Read more >>>](#)

### 3 Good Things- A Simple Way to Reduce Burnout



Do you or your team experience any of the following in your workplace?: Extreme exhaustion, feeling low, reduced performance, irritability or impatience with co-

workers/customers/clients/patients.

[Read more >>>](#)

## Webinars

### Tobacco Use: Identification, Intervention and Referral

NOVEMBER 18, 2015 | 8:00AM PST

Tobacco use remains the No. 1 preventable cause of death and disease in Oregon, killing 7000 people each year, and costing Oregonians \$2.5 billion a year in medical expenditures and lost productivity due to premature death. This webinar will explore and identify opportunities for increased patient participation in tobacco cessation through evidence-based interventions.

[Register now >>>](#)

## Check Out These Learning Opportunities!

### CHITO Virtual Listening & Discussion Session

NOVEMBER 11, 2015 | 12:00PM PST

Would it be possible to align all of the interests and create a core set of measures and metrics that reflect Oregon's progress toward achieving the Triple Aim? Please join the CHITO collaborative for a virtual, listening and discussion session with colleagues from across the state on **Wednesday, November 11, 2015** to explore the current environment and new possibilities.

## More from the Blog:

- [Are You a Change Agent?](#)
- [Oregon Center for Nursing: Supporting the Workforce](#)
- [Behavioral Health Integration: Three Models](#)

## About Us

Thank you for subscribing to the Patient-Centered Primary Care Institute newsletter. The Institute accelerates primary care transformation in Oregon by bringing together health care providers, clinic staff, technical experts, patients, quality improvement professionals and others to share valuable knowledge and resources. To learn more about our work, visit [pccpi.org](http://pccpi.org).

[Register now >>>](#)

## 2015 Coordinated Care Model Summit

NOVEMBER 17, 2015 | 8:00AM PST

The Oregon Health Authority invites you to join providers and clinicians, public and private health care purchasers, coordinated care organizations (CCOs), community stakeholders, CCO community advisory councils, health leaders, lawmakers, policymakers and funders for a one-day meeting to share lessons, support excellence and inspire future innovation in Oregon!

[Register now >>>](#)

## Resources

**Enjoy these resources on optimizing a care team, managing change, and measuring team development.**

[Optimizing the Care Team](#) [Tool]

[Building and Sustaining Momentum for PCMH Transformation](#) [Webinar]

[Team Measure](#) [Tool]

*The Institute is continually gathering valuable resources, tools and information to share with practices in all stages of patient-centered primary care home transformation.*

*Find many others searchable by topic area, resource type or PCPCH standard [on our website>>>](#)*

The Institute is a multi-stakeholder initiative managed by the Oregon Health Care Quality Corporation.  
For more information [visit Q Corp's website](#).

P 503 241 3571  
[info@pcpci.org](mailto:info@pcpci.org)

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Oregon Health Care Quality Corporation  
520 SW 6th Avenue Suite 830  
Portland, Oregon 97204  
US

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