



Patient-Centered Primary Care Institute

Newsletter

In the Spotlight!

February is American Heart Month



In honor of American Heart Month, the Institute is excited to share the Quality Improvement Organization Program news article about ways to live a heart-healthy life. This article includes five ways to help keep your heart healthy and lower your risk of developing cardiovascular conditions.

[Read more >>>](#)

Featured Blog Posts

Transforming End of Life Care Through ePOLST Implementation



The POLST ([Physicians Orders for Life-Sustaining Treatment](#)) was developed to provide seriously ill or frail patients with control over their own treatment during a medical crisis by providing a method and process for eliciting and documenting their specific wishes so that emergency personnel could know and honor them. For

Webinars

Improving Cardiac Care Through Health Coaching

FEBRUARY 9, 2016 | 8:30 AM PST

Health coaching can help patients gain the knowledge, skills, tools, and confidence to become active participants in their own care. During this webinar participants will learn five areas in which health coaching can provide concrete assistance to patients.

[Register now >>>](#)

Institute Resource Orientation

FEBRUARY 23, 2016 | 8:30 AM PST

Are you new in your role supporting primary care home development? If so, please join us for one of our monthly resource orientation sessions so you are aware of the resources available to primary care practices and other stakeholders through the Patient-Centered Primary Care Institute website (pcpci.org). Sessions will be held the last Tuesday of every month. Click [here](#) to view the other dates and information needed to register.

[Register now >>>](#)

Exploring Comprehensive Diabetes Prevention & Care in Oregon

MARCH 16, 2016 | 8:30 AM PST

many of these patients, for whom a medical emergency is likely, the current standard of care (providing all treatments, including ICU and breathing machines, in an attempt to save a person's life) may not be what they want.

[Read more >>>](#)

More from the Blog:

- [10 Tips for Getting Started with Payment Reform](#)
- [The Eastern Oregon Care Coordination Project](#)
- [A Metric Fatigue Story](#)

Resources

Enjoy these resources on behavioral health integration.

[Organized, Evidence-Based Care: Behavioral Health Integration Guide](#) [Guide]

[Common Barriers & Strategies to Support Effective Health Care Teams for Integrated Behavioral Health](#) [Tool]

[Integrating Behavioral Health into Primary Care](#) [Webinar]

The Institute is continually gathering valuable resources, tools and information to share with practices in all stages of patient-centered primary care home transformation. Find many other resources searchable by topic area, resource type or PCPCH standard [on our website>>>](#)

The National Diabetes Prevention Program (DPP) is an evidence based lifestyle change program that has demonstrated the ability to reduce the risk for transitioning from prediabetes to type 2 diabetes by 58%. This webinar will articulate how the National DPP can be employed to improve the health of Oregonians at high risk for developing type 2 diabetes.

[Register now >>>](#)

Check Out These Learning Opportunities!

Metric Monday - Addressing the Data Behind the Adolescent Well-Care Visits

MARCH 7, 2016 | 8:30 AM PST

The focus of this Metric Monday webinar will be Adolescent Well-Care visits. Metric expert Cindy McElhaney will provide an in-depth review of the measure and the data from 2015 as published by Q Corp in the 2015 Statewide Report.

[Register now >>>](#)

Oregon Clinical Innovation Fellows Now Accepting Applications for 2016-2017

The Oregon Council of Clinical Innovators is now accepting applications for the third cohort of Clinical Innovation Fellows. This is an opportunity to build the capacity of health care leadership within our state and spread the coordinated care model.

[Apply now >>>](#)

About Us

Thank you for subscribing to the Patient-Centered Primary Care Institute newsletter. The Institute accelerates primary care transformation in Oregon by bringing together health care providers, clinic staff, technical experts, patients, quality improvement professionals and others to share valuable knowledge and resources. To learn more about our work, visit pcpci.org.

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*The Institute is a multi-stakeholder initiative managed by the Oregon Health Care Quality Corporation.
For more information [visit Q Corp's website.](#)*

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